



















Remote Learning suggested Timetable for Suffield Park Infant and Nursery School Year Group: Reception

Suggested Time	Monday	Tuesday	Wednesday	Thursday	Friday
8-9	Get up and get dressed. Eat breakfast and brush your teeth.	Get up and get dressed. Eat breakfast and brush your teeth.	Get up and get dressed. Eat breakfast and brush your teeth.	Get up and get dressed. Eat breakfast and brush your teeth.	Get up and get dressed. Eat breakfast and brush your teeth.
9:00- 9.45	Learning Time 1 Phonics-reading and writing sounds/words	Learning Time 1 Phonics-reading and writing sounds/words	Learning Time 1 Phonics-reading and writing sounds/words	Learning Time 1 Phonics-reading and writing sounds/words	Learning Time 1 Phonics-reading and writing sounds/words
9.45-10.15	Own activities/play	Own activities/play	Own activities/play	Own activities/play	Own activities/play
10:15- 10:30	Have a break from learning and eat a healthy snack 	Have a break from learning and eat a healthy snack 	Have a break from learning and eat a healthy snack 	Have a break from learning and eat a healthy snack 	Have a break from learning and eat a healthy snack 
10:30-10:45	15 minutes of exercise in your garden or home	15 minutes of exercise in your garden or home	15 minutes of exercise in your garden or home	15 minutes of exercise in your garden or home	15 minutes of exercise in your garden or home
10:45- 11:45	Learning Time 2 Maths-numbers and shapes	Learning Time 2 Maths-numbers and shapes	Learning Time 2 Maths-numbers and shapes	Learning Time 2 Maths-numbers and shapes	Learning Time 2 Maths-numbers and shapes
11:45- 12:00	Own activities/play	Own activities/play	Own activities/play	Own activities/play	Own activities/play
12:00- 12:45	Help to make your lunch and enjoy eating it! 	Help to make your lunch and enjoy eating it! 	Help to make your lunch and enjoy eating it! 	Help to make your lunch and enjoy eating it! 	Help to make your lunch and enjoy eating it! 
12:45- 1:15	Have some physical exercise in your garden or home 	Have some physical exercise in your garden or home 	Have some physical exercise in your garden or home 	Have some physical exercise in your garden or home 	Have some physical exercise in your garden or home 
1:15- 2:15	Learning Time 3 Topic- art/music/understanding the world	Learning Time 3 Topic- art/music/understanding the world	Learning Time 3 Topic- art/music/understanding the world	Learning Time 3 Topic- art/music/understanding the world	Learning Time 3 Topic- art/music/understanding the world
2:15- 3	Own activities/play	Own activities/play	Own activities/play	Own activities/play	Own activities/play
3:00-3:15	Share a story 	Share a story 	Share a story 	Share a story 	Share a story 

For each learning time follow the activities set on Tapestry. Please write a comment or add a photograph or video to let us know how your child managed the activity.