



Remote Learning suggested Timetable for Suffield Park Infant and Nursery School Year One (Turtle and Shark)

Suggested Time	Monday	Tuesday	Wednesday	Thursday	Friday
8-9	Get up and get dressed. Eat breakfast and brush your teeth.	Get up and get dressed. Eat breakfast and brush your teeth.	Get up and get dressed. Eat breakfast and brush your teeth.	Get up and get dressed. Eat breakfast and brush your teeth.	Get up and get dressed. Eat breakfast and brush your teeth.
9:10- 10:15	Learning Time 1	Learning Time 1	Learning Time 1	Learning Time 1	Learning Time 1
10:15- 10:30	Have a break from learning and eat a healthy snack 	Have a break from learning and eat a healthy snack 	Have a break from learning and eat a healthy snack 	Have a break from learning and eat a healthy snack 	Have a break from learning and eat a healthy snack 
10:30-10:45	15 minutes of exercise in your garden or home	15 minutes of exercise in your garden or home	15 minutes of exercise in your garden or home	15 minutes of exercise in your garden or home	15 minutes of exercise in your garden or home
10:45- 11:45	Learning Time 2	Learning Time 2	Learning Time 2	Learning Time 2	Learning Time 2
11:45- 12:15	Practise Keyrings/Aliens/Read your book	Practise Keyrings/Aliens/Read your book	Practise Keyrings/Aliens/Read your book	Practise Keyrings/Aliens/Read your book	Practise Keyrings/Aliens/Read your book
12:15- 12:45	Help to make your lunch and enjoy eating it! 	Help to make your lunch and enjoy eating it! 	Help to make your lunch and enjoy eating it! 	Help to make your lunch and enjoy eating it! 	Help to make your lunch and enjoy eating it! 
12:45- 1:15	Have some physical exercise in your garden or home 	Have some physical exercise in your garden or home 	Have some physical exercise in your garden or home 	Have some physical exercise in your garden or home 	Have some physical exercise in your garden or home 
1:15- 2:00	Learning Time 3	Learning Time 3	Learning Time 3	Learning Time 3	Learning Time 3
2:00- 2:15	Maths Whizz	Maths Whizz	Maths Whizz	Maths Whizz	Maths Whizz
2:15- 3	Free choice play	Free choice play	Free choice play	Free choice play	Free choice play
3:00-3:15	Share a story 	Share a story 	Share a story 	Share a story 	Share a story 

For each learning time follow the activities set on Tapestry. Please write a comment or add a photograph or video to let us know how your child managed the activity.