



PE Intent, Implementation and Impact at Suffield Park Infant and Nursery School

At Suffield Park Infant School, PE plays a significant part of our curriculum. Our intent for the PE curriculum is to engage and develop the whole child, giving them the knowledge, skills and understanding, so that they can create positive relationships with physical activity and achieve physically and mentally in PE, sport and within their community. We aim to teach our children how to cooperate and collaborate with each other as part of an effective team, understanding fairness and equality of play to embed life-long values. Our aim is to improve the wellbeing and fitness of all children. Our intention is to encourage our children to be ambitious, to challenge themselves and take responsibility of their own health and fitness. They should also have the communication, teamwork and collaboration skills in which they can transfer to other situations. Our PE curriculum intends to challenge and promote self-awareness and self-esteem through the development of physical confidence and problem solving. We aim to provide opportunities for our children to be resilient and cope with both success and failure in competitive, individual and team based physical activities. We want to encourage our children to understand the relevance of what they are learning and its relation to everyday life. By the time our children leave our school, we want them to have mastered the fundamental movement skills needed to access the KS2 PE Curriculum, as well as knowing how to lead healthy lifestyles so they can be both physically and mentally well.

We intend to use the PE and Sport Premium funding to provide sustained improvement in PE provision, focusing on the five key indicators:

1. The engagement of all children in regular physical activity
2. The profile of PE and sport being raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all children.
5. Increased participation in competitive sport.

Implementation Statement for our PE Curriculum

PE is taught by a combination of class teachers, PE trained teaching assistants and PE specialists. Together we deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. Our PE curriculum is carefully planned for progression and depth of skills through a series of

lessons, in order to build on the skills needed to meet the end of KS1 objectives in the National Curriculum.

The EYFS has one formal PE session a week alongside the environmental physical environment of the EY curriculum. This focuses on fundamental movement skills. In KS1, children participate in two high quality PE lessons each week. We teach the National Curriculum, supported by a clear skills and knowledge progression. This ensures that skills and knowledge are built on year by year and sequenced appropriately to maximise learning for all children. Children are given the opportunity to practise skills in a variety of ways and each lesson builds upon the previous skills, allowing them time to embed it.

We use the Real PE scheme to support the development of children's fundamental movement skills. Not only does this improve skills such as agility, balance and coordination, it promotes the growth and development of the whole child through six multi-abilities which are personal, social, creative, cognitive, physical and health and fitness.

Our PE curriculum incorporates a variety of sports and activities to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses. PE lessons are inclusive to all, including children from the SRB and activities are adapted where necessary. All children are given the chance to challenge themselves through making supported and independent learning choices. Children are also given time to reflect on their learning and take part in self, peer and group feedback within the lesson.

Opportunities for reading are carefully woven into PE. Resources such as interactive whiteboards are used to introduce physical activities, new vocabulary and key skills. Together the children are encouraged to read the activities planned, as well as reading key words and instructions linked to their P.E lesson.

Children are encouraged to participate in exercise throughout the day during PE lessons, clubs, outdoor learning, lunch provision and special events. We provide opportunities for all children to engage in extra-curricular activities during and after school. Some extend the skills learnt within the curriculum and some enrich the children's experience by offering something that the children do not learn within the curriculum for example Cross Country and Parkour.

Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are enjoyed by the children. Children's achievements in and out of school are valued and celebrated using school displays throughout the year.

As a coastal school, we regard swimming as being an essential part of the curriculum. Year Two children receive swimming lessons in the Summer Term. The swimming lessons provide children with the experience of water confidence and water safety, as well as learning stroke techniques.

Staff are regularly given opportunities to take part in external and internal CPD opportunities (using a sports coach/PE leader) to ensure that a quality provision is continuous. Provision is enhanced through the use of the Sports Premium Funding.

Impact Statement for our PE Curriculum

- * Progress for all children is evident, regardless of their starting points.
- * Reception children improve their fine and gross motor skills to meet the PD ELG
- * Children acquire the age appropriate related knowledge and skills linked to the PE curriculum at the end of Key Stage 1 so they are well prepared for their next key stage.
- * Confident children who have a keen interest in PE and a willingness to participate eagerly in PE lessons with positive attitudes.
- * Children with a secure understanding of the benefits of leading healthy lifestyles.
- * Children eager to attend after school clubs and competitive sports events.
- * Children with the ability to remain physically active for sustained periods and an understanding of the importance of this in promoting long-term health and well-being.
 - * Children with water confidence and the knowledge of how to remain safe in and around water.
- * Ambitious children who have the confidence to compete in sport and other activities that build character and help to embed values such as fairness and respect.
- * Children who know how to lead healthy lifestyles so they can be both physically and mentally well and fully engaged in their community and the wider world.
- * Brilliant children who will grow up to live happy and healthy lives utilising the skills and knowledge acquired throughout our PE curriculum.