



PSHE Intent, Implementation and Impact at Suffield Park Infant and Nursery School

At Suffield Park we believe Personal, Social Health Education (PSHE) plays a fundamental role in enabling our children to become independent, confident, healthy and responsible members of society, as well as developing the “whole child” intellectually, morally and socially.

Our School is a ‘PATHS’ (Promoting Alternative Thinking Strategies) school which is a program that has been evidenced to improve children’s emotional literacy and build resilience with a strong emphasis on nurturing mental health and wellbeing. We believe that achieving excellence in PSHE will foster excellence across all areas of the curriculum and beyond in later life.

PSHE is taught across the school at least twice weekly through PATHS lessons but is enriched with additional lessons to support our children’s understanding of personal safety, financial awareness, rights and responsibilities and good personal hygiene and health.

We aim to enable our children to see and value the personal attributes they possess and those of others, supporting our children to know their worth within a diverse and ever-changing World.

Implementation:

In KS1 and Early Years Foundations Stage our school follows the PATHS materials which are taught twice weekly but are also woven into everything we do from classroom management to dealing with playground issues and staying calm in a crisis!

We know that a successful PSHE curriculum also teaches children to understand a wealth of other issues such as: resilience, self-esteem, risk-management, team working and critical thinking. We teach these topics through three core themes: health and wellbeing, relationships economic wellbeing and living in the wider World. These lessons are planned in throughout the academic year to support links with literacy and children’s topic work.

Our school is a member of the PSHE Association which we have used to plan and prepare lessons that ensure children are developing their knowledge and understanding at an age appropriate level and ensuring their learning is progressive and not repetitive in these areas. The resources we expose our children to are reflective of the diverse World we live in and allow our children to become familiar with various family ‘set ups’ and different ethnicities and cultures.

In the EYFS practitioners follow the EYFS curriculum alongside the PATHS materials.

At Suffield Park we plan lessons use the ‘PANTS’ materials produced by the NSPCC (National society for the Prevention of Cruelty to Children) to ensure that our children have the skills

they need to protect themselves and the tools they need to identify how to stay safe and get help from a trusted adult. We teach these materials to all of our children including EYFS every year relentlessly, and revisit them whenever we deem it necessary.

Impact:

Our children will:

- Develop their emotional literacy throughout their time with us so that they are able to recognise and respond to a range of emotions in themselves and others.
- Gain an ability and confidence to recognise when and how to get help for themselves and others, by seeking a trusted adult and not giving up until they have achieved this.
- Be able to demonstrate key skills needed at their current age such as knowing how to dial 999, making healthy choices and recognising wants and needs with the aim of becoming successful and valued members of society as they mature and grow.
- Know their worth and respond respectfully and confidently to the diverse World in which they live.