

Suffield Park Infant and Nursery School,
Mill Road,
Cromer,
Norfolk,
NR27 0AD Tel: 01263 513296
Email: office@suffieldpark.norfolk.sch.uk



Head Teacher: Mrs Nichola Stewart

25th April 2022

Dear Parents/Carers

Living with COVID – what this means for your child's education

As from 1st April, the COVID guidance about self-isolating and testing was updated as follows:

- Children and young people (aged 18 years and under) who have mild symptoms of a respiratory infection such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to attend school.
- Close contacts are no longer required by law to self isolate.
- If a child or young person aged 18 or under does test positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days. This starts from the day after they did the test (or longer if they have a temperature or remain unwell). For adults, the isolation period is 5 days.
- PCR tests are no longer available, but lateral flow tests can be purchased from pharmacies.

For further detailed information, please click the link below:

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

School will continue to keep ventilation and hygiene measures in place.

Mrs Nichola Stewart
Head Teacher

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