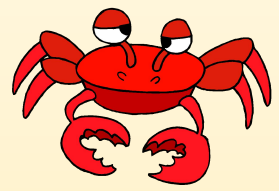


Suffield Park Nursery



July 2022 Newsletter

Goodbye and good luck ...

And so at the end of the Summer Term we say a fond farewell to some of our lovely children and families as they leave us for "Big School" in September. We are incredibly proud of each and every one of the children and wish them every success as they take the next big step. We have loved being part of their journey and feel privileged to have shared the learning, laughter and even the tears... We will miss you!

We have had a busy few months in nursery this summer - firstly we are so proud to announce that we been awarded the Department of Education's "**Communication Friendly Status**" This accreditation is awarded to settings that have trained and support all their staff in communication and language development in Early Years.

We have had a fabulous summer, some of the highlights are The Queen's Diamond Jubilee celebrations, India Week, Key Person catch ups and finishing the last week with a rather hot, Pirate Week with a wonderful Leavers Celebration for those moving to school in September! Don't forget to keep us updated on what you are up to over the holiday by posting pictures onto Tapestry.

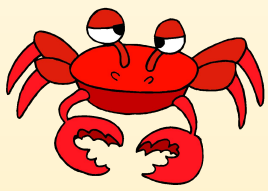
We also say goodbye and good luck to some members of staff who are off to complete teacher training, university and new jobs - Mollie, Millie, Amber and Katherine will be missed by the team and the children alike and we wish them all the success in their new ventures. And we welcome the lovely Alicia to the team.

Wishing you all a fabulous summer break - we open to ALL children from Tuesday 6th September. Those who are attending holiday club this summer, please note that we are closed Monday 15th August to Monday 29th August inclusive, and Monday 5th September for an Staff Training day.

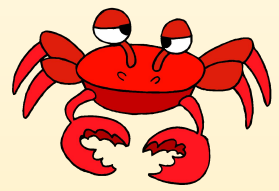


Tel: 01263 519325

Email: nursery@suffieldpark.norfolk.sch.uk



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Carnival is back!!

With lots of activities every day to take your little one to during August, please see the main website for the full daily programme

www.cromercarnival.co.uk/

Carnival Children's Weeks: Monday 1st Aug 2022 - Friday 12th August
all activities running from 11:00am - 4:00pm on the Pier Forecourt including stone painting, crab catching, family discos, beach sports and chalking on the prom!

Carnival Day is Wednesday 17th August and The Red Arrows are on the schedule for 1230pm. On Thursday 18th August at 9pm it's the firework display

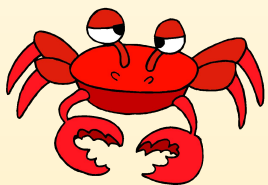
Starting School

For those families moving to school in September, do make sure that you check your child's new school website to familiarise yourself with school times, uniform requirements and school lunch menus. For those attending Suffield Park Infants check www.suffieldpark.norfolk.sch.uk For any parent who has a child starting school in September, the JustOneNorfolk website has lots of help and support to get you and your child ready for this milestone. Here is the link: www.justonenorfolk.nhs.uk/school-life/resources-for-families/starting-school/

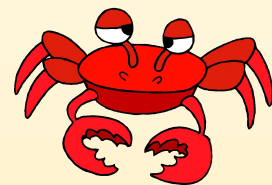


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Suffield Park Nursery



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CATERING



Fresh Ideas Feeding Minds

Our *top tips* for children trying school meals for the first time!

Starting Reception is a very exciting time, but it can be a bit daunting. As all children are entitled to infant free school meals we want to ensure your child's experience is positive, enjoyable and that they are fuelled for learning. Here are some fun ideas to help them feel ready for September...

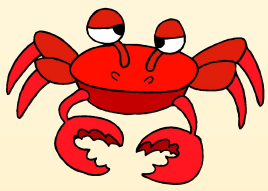
1. **Talk your child through our menu** so together you can identify dishes they know and like as well as new dishes they could try.
2. **Show your child our picture menus** featured on our website – www.norsecatering.co.uk/primary-school-catering/
These are a useful visual guide for children so they know what our food looks like and what they can expect.
3. **Try some of our recipes at home** – these are also featured on our website. The whole family can enjoy our tasty recipes!
4. **Play pretend having a 'school lunch' at home** – see if your child can carry their own plate or tray to the table and pour a cup of water from a jug.

We hope your child enjoys their school lunches with us!

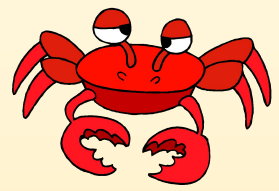


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Summer Support

Samaritans
www.samaritans.org/
116 123

The Rest
0300 330 5488 option 1
restnorwich.co.uk

Wellbeing Service
www.wellbeingnands.co.uk/norfolk -
0300 123 1503

Wellbeing




Barnardos
www.barnardos.org.uk
0800 008 7005

ECFS (ages 0-5)
www.norfolk.gov.uk/children-and-families/early-childhood-and-family-service
0344 800 8020

Parentline
Text 07520 631590

Family



Just One Norfolk
www.justonenorfolk.nhs.uk
0300 300 0123

One to One Project
www.121help.org
01553 770770

Norfolk LGBT Project
www.norfolklgbtproject.org.uk
01603 219299

Health



Bluece Kooth

MeeTwo Headspace

ThinkNinia Calm

Apps



Safety

Worried about a child's safety?
Children's Services 0344 800 8020
or NSPCC 0808 800 5000

In an emergency
999



Food Banks

Community Fridges
North Norfolk Family & Community Connections | Groups | Facebook

Mid Norfolk Foodbank
www.midnorfolk.foodbank.org.uk/
07542 106107

North Norfolk Foodbank
www.trusselltrust.org
01722 580 180



Money Matters

Money Advice Hub
www.moneyadvicehub.org.uk
0333 305 7648

Norfolk Assistance Scheme
0344 800 8020

Christian's Against Poverty
www.capuk.org/
07495 017364



Housing Advice

North Norfolk Housing
www.norfolk.gov.uk/tasks/benefits
01263 516375

Shelter
<https://www.shelter.org.uk>
0808 8004444

The Benjamin Foundation
www.benjaminfoundation.co.uk
01328 855181



Relationships

Norfolk Mediation
www.thefamilymediationtrust.org
01603 620588

Pandora
www.pandoraproject.org.uk
01553 886226

National Domestic Abuse Helpline
www.nationaldahelpline.org.uk/en
0808 2000 247




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