



Workshops run by services outside our school to support our families. Free to attend. Please book on via school office.

What is it?	When is it?	What's it about?
Norfolk STEPs for parents	Tuesday 10th November Tuesday 17th November 9am	Chat and tips to support families at home. Tips based on strategies used at school for behaviour.
Understanding my child's worries	Tuesday 17th November 2-3pm	For any families where worries feel big. Strategies to support your child led by the Mental Health Support Team.
Tips for attention, language and speech with our Link Speech therapist.	Wednesday 18th November 2:00-3:15	Rare opportunity to hear from and talk to our Link therapist Suzie Saunders. This session will focus on tips and suggestions to support attention, vocabulary and speech.
Supporting your child's sleep	Monday 8th March 130-2:30	Tips and ideas to help your family have a restful night. Whether it's the lead up to bedtime or night-time sleep habits this session is about giving you tools to try.

Year 2 parents ‘Supporting your child with transition’	Tuesday 22nd June 2pm-3pm TBC	MHSTS